













December 2019



The Points

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Halifax Pop Singers Great Room 2:00	2 Afternoon Bike Rides Christmas Carolers	3 Exercise 10:30 Lighthouse Point Sunshine Cart Visits Afternoon	4 Sandy Lake School Pageant 2:00 Great Room	5 Halifax Harmonizers 7:00 Great Room 	6 Bedford Baptist Chapel 2:00	7 Roman Catholic Mass 11:00 Great Room Bedford Air Cadets Band 2:00 Great Room
8	9 Lexicon 10:30 Mayflower Point 	10 Exercise 10:30 Lighthouse Point Holiday Social 6:30 Great Room	11 Day Dreams Daycare Caroling 10:45 Cafe	12 Conbrio Chorus 2:30 Chapel	13 Community Bible 10:45 Chapel	14 Roman Catholic Mass 11:00 Great Room Courtney's Music School 2:00 Great Room
15 Gospel Caroling Walkthrough 5:45 	16 Bedford Baptist Carol Sing 2:00 Great Room	17 Exercise 10:30 Lighthouse Point 	18 Anglican Christmas Eucharist 10:45 Chapel Toonie Bingo 2:00 Great Room	19 Carols with the Kids 10:45 Great Room Bedford Fiddlers 2:00 Great Room Laura M. Piano Recital 7:00 Great Room	20 Afternoon Bike Rides 	21 Holiday Movie 2:00 Great Room
22 First Day of Winter! 	23 Roman Catholic Christmas Mass 11:00 Great Room Christmas Carolers Evening	24 Ecumenical Christmas Mass 2:00 Great Room 	25 Merry Christmas! 	26 Happy BOXING DAY 	27	28 Roman Catholic Mass 11:00 Great Room
29	30 Morning Bike Rides 	31 Exercise 10:30 Lighthouse Point New Years with Andy 2:00 Great Room	<p>If you have any questions, concerns, or comments about Recreation Therapy at Northwood, please contact Rob at (902) 407-8545 or rob.grandy@nwood.ns.ca</p>			