



**December 2019**  
**Recreation Therapy**  
**The Hills**



**Sun**

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

1 Halifax Pop Singers 2pm (GR)	2 Afternoon Dog Visits with Serena (1:1)	3 Morning Christmas Tree Decorating (LH) Afternoon Christmas Tree Decorating (MH) (BH) Evening Dog Visits with Darla (1:1)	4 Exercises 10:45am (SH) Sandy Lake Christmas Pageant 2pm (GR)	5 Halifax Harmonizers 7pm (GR)	6 Bedford Baptist 2pm (CH) Afternoon Dog Visits with Max (1:1)	7 RC Mass 11am (GR) Bedford Air Cadets Band 2pm (GR)
8	9 Afternoon Dog Visits with Serena (1:1) Girl Guide Christmas Caroling and Craft 6:30pm (BH)	10 Exercises 10:45am (SH) Music with Paul G 2pm (SH)	11 Day Dreams Daycare Christmas Carols 10:45am (Café) The Hills Holiday Social 6:30pm (GR)	12 Conbrio Chorus 2:30pm (CH) During Family Music 7pm (LH)	13 Community Bible 10:45am (CH) Afternoon Dog Visits with Max (1:1)	14 RC Mass 11am (GR) Courtney's Music School 2pm (GR)
15 Evening Roving Caroling with the Mennonite Community	16 Christmas Caroling with Bedford Baptist 2pm (GR) Afternoon Dog Visits with Serena (1:1)	17 Exercises 10:45am (SH) Fiddle For Fun 2pm (CH)	18 Anglican Christmas Communion Service 10:45am (CH) Holiday Toonie Bingo 2pm (GR)	19 Christmas Caroling with Tantallon Sr. Elementary School 10:45am (GR) Bedford Fiddlers 2pm (GR) Laura Marriott Piano Recital 7pm (GR)	20 Music with Norm 2pm (BH) Afternoon Dog Visits with Max (1:1)	21 <b>There is <u>NO</u> Mass Today</b> Christmas Movie Club 2pm (GR)
22  First Day of Winter*	23 Christmas Mass 11am (GR) Afternoon Dog Visits with Serena (1:1)	24 January Programming Calendar Handout (1:1) Christmas Ecumenical Service 2pm (GR)	25 <b>Christmas Day!</b>	26 <b>Boxing Day!</b>	27	28 RC Mass 11am (GR)
29	30 Afternoon Dog Visits with Serena (1:1) Evening Bike Rides with Rob (1:1)	31 New Years Eve Social / Music with Andy 2pm (GR)	<b>MH– Maritime Hills BH– Blueberry Hills SH– Sandpiper Hills LP– Lupin Hills</b>	<b>GR– Great Room CH– Chapel</b>	<b>If you have any questions regarding recreation therapy programming, please contact Rebecca at (902) 407-8545</b>	