


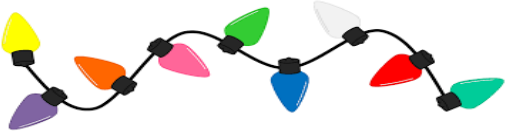


December 2019

Recreation Therapy

Coves



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 2pm Halifax Pop Singers (GR)	2 Morning tree decoration (SC) Afternoon tree decorating (PC)	3 Morning tree decorating (BC) Morning tree decorating (FC) Pet visits with Finlay	4 10:45am Stretch and Relax (SC) 2pm Sandy Lake Pageant (GR)	5 7pm Halifax Harmonizers (GR)	6 2pm Bedford Baptist (CH) Afternoon pet visits with Smitty	7 11am RC Mass (GR) 2pm Bedford Air Cadets Band (GR)
8	9 6:30pm Coves Family/ resident Holiday Social (GR)	10 10:45am Stretch & Relax (SC) 2pm Music with Norm (FC) Pet visits with Finlay	11 10:45am Daydream daycare Caroling (café)	12 2:30pm Conbrio (CH)	13 10:45am Community Bible Service (CH) Afternoon pet visits with Smitty (1:1)	14 11am RC Mass (GR) 2pm Courtney's Music School (GR)
15 Evening caroling with the Mennonite Community (Coves)	16 2pm Christmas Caroling with Bedford Baptist (GR)	17 10:45am Stretch and Relax (SC) 2pm Music with Paul G (PC) Pet visits with Finlay	18 10:45am Anglican Service (CH) 2pm Christmas Toonie Bingo (GR) Evening pet visits with Thor (1:1)	19 10:45 Caroling with Tantallon Senior Elementary Grade 6 class (GR) 2pm Bedford Fiddlers (GR) 7pm Laura Marriott Piano Recital (GR)	20 Morning bike Rides with Rhonda Afternoon pet visits with Smitty	21 NO RC Mass 2pm Christmas Movie Club (GR)
22 First day of winter 	23 11am Christmas Mass (GR) Afternoon pet visits with Finlay	24 2pm Christmas Ecumenical Service (GR)	25 Merry Christmas	26 Boxing Day	27 Afternoon pet visits with Smitty	28 11am RC Mass (GR)
29 	30 Afternoon Bikes Rides with Rob (1:1)	31 2pm New Years Eve Social (GR) Pet visits with Finlay	BC– Bluenose FC– Fiddlers GR– Great Room	SC– Seaside PC– Periwinkle CH– Chapel		