



February 2019
Recreation Therapy
Coves



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you have any questions please call Stacy at: 902-407-8545</p>	<p>PC- Periwinkle SC- Seaside BC- Bluenose FC- Fiddlers GR- Great Room CH- Chapel</p>				<p>1 Morning Balloon Volleyball (1:1) 2pm Bedford Baptist Service (CH)</p>	<p>2 11am RC Mass (GR) 2pm Sing Along with Rhonda (GR)</p>
3	4 10:45am Lexicon Club (SC)	5	6 2pm Toonie Bingo (GR)	7 Morning visits with Stacy Evening pet visits with Nana (1:1)	8 10:45am Community Bible Service (CH) 2pm Stretch and Relax (SC)	9 11am RC Mass (GR) 2pm Armchair Travel (GR)
10	11 Morning Balloon Volleyball (1:1) 2pm Hymn Sing (CH)	12 10:45am Stretch and Relax (SC) 2pm Music with Norm (FC)	13 2pm Valentine's day Craft (FC) Evening pet visits with Pippa (1:1)	14 Morning visits with Stacy Happy ♥ Valentine's Day	15 Morning visits with Stacy (1:1) 2pm Paint and Relax (FC)	16 11am RC Mass (GR) 2pm Curling Club (GR)
17	18 Heritage day	19 2pm Sunshine Cart (1:1)	20 10:45am Anglican Service (CH) 2pm Exercises (SC) Evening pet visits with Thor (1:1)	21 10:45am Trivia (FC) 2pm Bedford Fiddlers (GR) Evening pet visits with Nana (1:1)	22 10:45am Lexicon Club (SC)	23 11am RC Mass (GR) 2pm Paint and Relax (SC)
24 1:45m Movie Club (GR)	25 2pm Music with Andy (GR)	26 10:45am Stretch and Relax (SC) 7pm Mennonite Choir (GR)	27 10:45am Wheel of Fortune (FC) Evening pet visits with Pippa (1:1)	28 Morning visits with Stacy (1:1)		