



September 2019

Program Schedule 3 Centre

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	2 6:30pm Community Bingo <u>SB Hall</u>	3 10:00am Bowling <u>SB Hall</u> 1:30 pm Music with Alison and Judy <u>Unit Lounge</u> 6 pm Bingo	4 10:15am Mass <u>SB Hall</u> 7:30pm Community Dance <u>Harbourview</u> 	5  6:00pm Antique Car Show <u>Towers Parking</u>	6 10:15am Church Service <u>SB Hall</u>	7 2:00pm Music: The Millar Sisters <u>Harbourview</u> 6:30pm Community Bingo <u>SB Hall</u>
8 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	9 6:30pm Community Bingo <u>SB Hall</u>	10 10:00am Bowling <u>SB Hall</u> 7:00pm The Paul & Bill Show <u>SB Hall</u>	11 10:15am Mass <u>SB Hall</u> 2 pm Neighborhood Meeting Penthouse 	12 10 am Trivia <u>On Unit</u> 2:00pm Back to School Tea Social <u>SB Hall</u> 7:00pm Boccia Ball	13 10:15am Church Service <u>SB Hall</u> 	14 2:00pm Music: Karen & Friends <u>Harbourview</u> 6:30pm Community Bingo <u>SB Hall</u>
15 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	16 6:30 pm Music with The Millar Sisters <u>On Unit</u> 6:30pm Community Bingo <u>SB Hall</u>	17 10:00am Bowling <u>SB Hall</u> 1:30 pm Music with Alison and Judy <u>Lounge</u> 1:30pm Petting Zoo <u>Towers Parking</u>	18 10:15am Mass <u>SB Hall</u> 7:30pm Community Dance <u>Harbourview</u>	19 10 am Bread Making  7:00pm Boccia Ball <u>SB Hall</u>	20 10:15am Church Service <u>SB Hall</u> 	21 6:30pm Community Bingo <u>SB Hall</u>
22 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	23  6:30pm Community Bingo <u>SB Hall</u>	24 10:00am Bowling <u>SB Hall</u> 6 pm Bingo <u>Dining room</u> 7:00pm Newfoundland Night	25 10:15am Mass <u>SB Hall</u> 2 pm Music with Barbara <u>Unit Lounge</u> 7:30pm Community Dance	26 10:30 am Trivia <u>On Unit</u>  7:00pm Boccia Ball	27 10:15am Church Service <u>SB Hall</u>	28 9:00am Live More Walk <u>SB Hall</u> 6:30pm Community Bingo <u>SB Hall</u>
29 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	30 6:30pm Community Bingo <u>SB Hall</u>	<p>If you have any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p>				