








September 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3	4	5 6:00 <i>Antique Car Show</i>	6 10:00 <i>Craft</i>	7  2:00 <i>The Millar Sisters</i>
8 	9 10:00 <i>Exercise</i>	10 	11 10:00 <i>Sort it!</i>	12 2:00 <i>Bingo</i>	13 2:00 <i>Tea and Talk</i>	14
15 	16	17 1:30 <i>Petting Zoo</i>	18 10:00 <i>Mass</i>	19  2:00 <i>Sing With Katelyn</i>	20 <i>Kathy off</i>	21
22	23 <i>Kathy off</i>	24 7:00 <i>Nfld Night</i> 	25 10:00 <i>Reading</i>	26 2:00 <i>Bingo</i>	27 2:00 <i>Tea and Talk</i> <i>Northwood</i> LIVE MORE — WALK —	28
29	30 <i>Kathy On Course</i>	Questions? Contact: Kathy Martin, Recreation Programmer kmartin@nwood.ns.ca Tel: 902-454-3167				

*****The events listed above are events where Kathy or a volunteer will be present. For other activities at Northwood please consult the Recreation Department's **FACILITY WIDE** calendar that is posted on the Resident Communication Board on the unit. Friends/Family are always welcome.*****