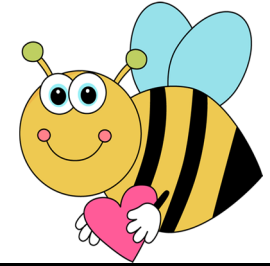




February 2019
Recreation Therapy
Mayflower Point and Lighthouse Point



Sun	Mon	Tue	Wed	Thu	Fri	Sat
If you have any questions or concerns regarding programming, please contact Rebecca at (902) 407-8545					1 Lexicon 10:30am (MP) Bedford Baptist 2pm (CH)	2 RC Mass 11am (GR) Sing-A-Long with Rhonda 2pm (GR) 
3 Piano with Olivia 1:15pm (LP)	4	5 Afternoon Sunshine Cart (1:1)	6 Morning Pet Visits with Thunder (1:1) Exercises with Nyajal 10:30am (LP) Toonie Bingo 2pm (GR)	7 Evening Card Club with Tyler and Josie (Card Room- MP)	8 Community Bible Chapel 10:45am (CH) Paint and Relax 2pm (MP)	9 RC Mass 11am (GR) Arm Chair Travel 2pm (GR)
10	11 Hymn Sing 2pm (CH)	12 Exercises with Nyajal 10:30am (LP)	13 Morning Pet Visits with Thunder (1:1) Music with Paul G 2pm (LP)	14 Happy Valentines Day!  Evening Card Club with Tyler and Josie (Card Room- MP)	15 Wheel of Fortune with Nyajal 2pm (MP)	16 RC Mass 11am (GR) Curling Club 2pm (GR)
17 Craft 2pm (MP)	18 Heritage Day!	19 Exercises with Nyajal 10:30am (LP)	20 Morning Pet Visits with Thunder (1:1) Anglican Church 10:45am (CH)	21 Bedford Fiddlers 2pm (GR) Evening Card Club with Tyler and Josie (Card Room- MP)	22	23 RC Mass 11am (GR)
24 Movie Club 1:45pm (GR)	25 Music with Andy 2pm (GR)	26 Exercises with Nyajal 10:30am (LP) Mennonite Choir 7pm (CH)	27 Morning Pet Visits with Thunder (1:1) Trivia 10:30am (MP)	28 Evening Card Club with Tyler and Josie (Card Room- MP)	MP- Mayflower Point LP- Lighthouse Point GR- Great Room CH- Chapel	