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Northwood Launches a new Performing Arts Program



Patrick Maubert

Halifax, N.S. / September 27, 2018 – Northwood’s Community Recreation & Wellness department is partnering with musical theatre director Patrick Maubert to launch a new performing arts program at Northwood. The program, called Northwood Encores, will include a combination of acting, singing and Broadway movement training exercises. There will be a trial session on Friday, September 28.

“My teaching philosophy stays true whether teaching at the university, high school or *encore-years* level,” says Maubert. “It’s to cultivate technique, passion and confidence through nurturing and enhancing the special individual qualities that make you, you!”

Northwood Encores will be a no experience necessary program that will encourage participants to hone existing talents or to develop new skills. Throughout a 10 week period, participants will take part in weekly training sessions led by Maubert and other industry professionals.

“We’re always excited to create community partnerships that bring unique programs to Northwood,” says Natasha Handspiker, Northwood’s Manager of Community Engagement. “This new program will provide the Northwood community not only with an opportunity to develop new skills, but also to socialize and have fun.”

In addition to the 10 week program, Maubert will facilitate monthly cabaret nights in the Harbourview Lounge at the Halifax Campus and performing arts therapy sessions within care units. The cabaret nights will encourage Encore participants and the rest of the Northwood community to take part and practice their skills in a social setting.

Photo Opportunity: Northwood Encores Open House

WHAT: Give the Northwood Encores program a try and get a taste of what to expect in the weeks to come

WHEN: September 28, 2018 1:00 PM – 3:00 PM, Photo Op from 1:00 PM – 1:30 PM

WHERE: Shirley Burnstein Hall, Northwood Halifax Campus - 2615 Northwood Terrace, Halifax N.S.

If you'd like to attend the open house please contact:

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About Northwood

Since 1962, we have led the way as Nova Scotia's most dynamic continuing care organization committed to innovation and change. We are the largest not-for-profit continuing care organization in Atlantic Canada and are recognized both here at home and across Canada as an extraordinary example of the power of social justice, but we like to call it the power of love! When life changes, and society changes, Northwood leads the way, incorporating revolutionary designed, responsive care. From new ideas to new technologies, we are empowered to do this, because our focus is on people, not on profit margins.