






# JANUARY 2019 *5/6 manor*

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p>For all Recreation Therapy programs offered on your floor, please see your individual floor calendars. Any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p><b>**All Wednesday Evening Community Recreation &amp; Wellness Dances cost \$2.00 for In Care Living Residents**</b></p>		<p>1</p> 	2	3	<p>4</p> <p>1:30pm <b>Resident Clothing Sale</b> <u>SB Hall</u></p> 	5	<p>10:15am <b>Church Service</b> <u>SB Hall</u></p>
6	7	8	9	10	11	12	
	<p>1:45: Jewelry Making 6m</p>	<p>10:30: Exercises 6m</p> <p>7:00pm <b>The Paul &amp; Bill Show</b> <u>SB Hall</u></p>	<p>1:45: BINGO 5m</p>	<p>2:00pm <b>Snowflake Tea Social</b> <u>SB Hall</u></p>	<p>10:15am <b>Church Service</b> <u>SB Hall</u></p>	<p>2:00pm <b>Songs with Kathy</b> <u>Rec Office</u></p>	
13	14	15	16	17	18	19	
	<p>1:45: Baking 5m</p>	<p>10:30: Exercises 6m</p> <p>6:30pm <b>Music: Andy Arsenault</b> <u>Harbourview</u></p>	<p>1:45: Manicures (room to room)</p>	<p>1:45: Painting 6m</p> <p>6:30pm <b>Maritime Conservatory Concert</b> <u>SB Hall</u></p>	<p>10:15am <b>Church Service</b> <u>SB Hall</u></p> 	<p>2:00pm <b>Music: The Millar Sisters</b> <u>SB Hall</u></p>	
20	21	22	23	24	25	26	
		<p>10:30: Exercises 6m</p> <p>7:00pm <b>Newfie Night</b> <u>SB Hall</u></p>	<p>1:45: BINGO 5m</p>		<p>10:15am <b>Church Service</b> <u>SB Hall</u></p> 	<p>2:00pm <b>Movie Matinee</b> <u>SB Hall</u></p>	
27	28	29	30	31	<p><b>Learn to Boccia</b> Weekly program starts on January 9th at 2:00pm in the Shirley Burnstein Hall. All skills and abilities welcome! <b>Contact Recreation Therapy for more details!</b></p> 		
	<p>1:45: Jewelry Making</p>	<p>10:30: Exercises 6m</p> <p>10:00am <b>Bowling</b> <u>SB Hall</u></p>	<p>1:45: Manicures (room to room)</p>	<p>1:45: Painting 6m</p>			