

June 2019



shutterstock · 72067507

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Contact: Kathy Martin, Recreation Programmer
 kmartin@nwood.ns.ca
 902-454-3167

1

2

3 10:00
Calendars
 7:00
*Katie and
 Brad*



4
 10:00
Exercise

5
 10:00
Mass



6
 2:00
Bingo

7

8

9

10
 10:30
*Music w
 Katherine*



11
 10:00
Exercise

12
 10:00
Sort it!

13
 2:00
*Large
 Tea*

14
*Kathy
 At
 Conference*

15
 2:00
*Celtic
 Dancers*



16

**HAPPY
 FATHER'S
 DAY**

17
 1:30
*Music w
 Katherine*



18

19
 10:00
Mass



20
 1:30
*Block
 Party*



21
 10:00
*Out and
 About*

22

23



24

25CC 9C
 10:30
*Neighbour-
 hood
 Meeting*

26
 10:00
Reading

27
 2:00
Bingo

28
 10:30
*Music w
 Katherine*



29

30

The events listed above are events where Kathy or a volunteer will be present. For other activities at Northwood please consult the Recreation Department's FACILITY WIDE calendar that is posted on the Resident Communication Board on the unit. Friends/Family are