







May 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Questions? Contact: Kathy Martin kmartin@nwood.ns.ca 902-454-3167			1 10:00 <i>Calendars</i>	2 2:00 <i>Bingo</i> 1:30 <i>Clothing</i>	3 10:00 <i>Trivia</i> 1:30 <i>Music w</i>	4 
5	6	7 CC 3M  7:00 <i>Mennonite Choir</i>	8 10:00 <i>Mass</i>	9 2:00 <i>Mother's Day Tea</i> 	10 10:00 <i>Reading</i>	11
12	13	14 10:00 <i>Exercise</i>	15 10:00 <i>Sort it</i>	16 1:30 <i>Goody Cart</i> 7:00 <i>Maritime Conserva-</i>	17  10:30 <i>Music w Katherine</i>	18 2:00 <i>Fiddlers</i>
		21 10:00 <i>Exercise</i>	22 10:00 <i>Mass</i>	23 2:00 <i>Bingo</i>	24 10:00 <i>Out and About</i>	25
		26	27 	28 CC 9C 7:00 <i>NFLD Night</i>	29 10:00 <i>Sort it</i>	30 2:00 <i>Encore</i> 

The events listed above are events where Kathy or a volunteer will be present. For other activities at Northwood please consult the Recreation Department's FACILITY WIDE calendar that is posted on the Resident Communication Board on the unit.