

FEBRUARY 2019

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Any questions, suggestions or concerns, please call Rob & the Recreation Therapy Department at 902-454-3331 or e-mail Rob.Grandy@nwood.ns.ca</p>					<p>1 10:30am Music & Movement</p> 	<p>2 2:00pm Movie Matinee <i>Rec Therapy Space</i></p>  <p>LA LA LAND</p>
3	<p>4 10:30am Art & Chat</p> 	<p>5 7:00pm The Paul & Bill Show <i>SB Hall</i></p> 	<p>6 10:30am Music & Movement</p> 	<p>7 2:00pm Bingo</p> 	<p>8 10:30am 1:1 Visits with Rob</p> 	9
10	11	<p>12 10:30am Music & Movement</p> <p>7:00pm The Robbie Burns Club <i>Harbourview</i></p>	<p>13 10:30am Morning Stretches</p> <p>1:30am Music Therapy with Katherine</p>	<p>14 10:00am Kids & Elders <i>SB Hall</i></p> <p>2:00pm Valentine's Tea Social <i>SB Hall</i></p>	<p>15 Goody Cart Visits</p> 	16
17	<p>18 Heritage Day</p>	<p>19 6:30pm Music: Jim Rockola <i>Harbourview</i></p> 	<p>20 10:30am Music Therapy with Katherine</p> 	<p>21 2:00pm Bingo</p> 	<p>22 11:00am Morning Stretches</p> 	23
24	25	<p>26 10:00am Neighborhood Meeting</p> <p>7:00pm Newfie Night <i>SB Hall</i></p>	<p>27 10:00am 1:1 Visits with Rob</p> <p>1:30pm Music Therapy With Katherine</p>	<p>28 2:00pm Music: Stadacona Jazz Band <i>SB Hall</i></p> 	<p>The events listed above are events where Rob or a volunteer will be present. For other activities at Northwood please consult the Recreation Department's FACILITY WIDE calendar that is posted on the Resident Communication Board on the unit. Friends/Family are always Welcome!</p>	