

# FEBRUARY 2019

# 7c

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Any questions, suggestions or concerns, please call <b>Rob &amp; the Recreation Therapy Department</b> at <b>902-454-3331</b> or e-mail <b>Rob.Grandy@nwood.ns.ca</b></p>					1	2 2:00pm <b>Movie Matinee</b> <i>Rec Therapy Space</i>  <b>LA LA LAND</b>
3	4 2:00pm <b>Music &amp; Movement</b> 	5 7:00pm <b>The Paul &amp; Bill Show</b> <i>SB Hall</i> 	6 2:00pm <b>Bingo</b> 	7 10:30am <b>Art &amp; Chat</b> 	8 10:30am <b>Music Therapy with Katherine</b> 	9
10	11	12 7:00pm <b>The Robbie Burns Club</b> <i>Harbour-view</i> 	13 2:00pm <b>Bingo</b> 	14 10:00am <b>Kids &amp; Elders</b> <i>SB Hall</i>  2:00pm <b>Valentine's Tea Social</b> <i>SB Hall</i>	15 10:00am <b>1:1 Visits with Rob</b> 	16
17	18 <b>Heritage Day</b>  10:30am <b>Music Therapy with Katherine</b>	19 6:30pm <b>Music: Jim Rockola</b> <i>Harbourview</i> 	20 2:00pm <b>Bingo</b> 	21 10:30am <b>Art &amp; Chat</b> 	22 1:30pm <b>Goody Cart Visits</b> 	23
24	25	26 10:00am <b>Neighborhood Meeting</b> <i>8 Centre</i>  7:00pm <b>Newfie Night</b> <i>SB Hall</i>	27 2:00pm <b>Bingo</b> 	28 11:00am <b>Morning Stretches</b>  2:00pm <b>Music: Stadacona Jazz Band</b> <i>SB Hall</i>	The events listed above are events where Rob or a volunteer will be present. For other activities at Northwood please consult the Recreation Department's FACILITY WIDE calendar that is posted on the Resident Communication Board on the unit. <b>Friends/Family are always Welcome!</b>	