



August 4C 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Any questions, suggestions or concerns, please contact Chelsey MacNeil at 902-454-3167 or cmacneil2@nwood.ns.ca</i></p> <p>**Look for goodie cart on Tuesday, August 6th, 2019**</p> <p><i>For outings, please speak to programmer to secure your spot.</i></p>				1	2 2:00pm Lexicon with Kayla	3
4	5 2:00pm Natal Day East Coast Kitchen Party <i>SB Hall</i>	6 2:00pm Bingo	7 1:30pm Ice Cream Social SB Hall 	8 10:00am 1:1 Visits	9	10 
11 	12 Morning Visits with Bella on Mondays 	13 2:00pm Bingo	14 2:00pm Nails with Nicole 	15 2:00pm Live More Walk Kickoff Party <i>SB Hall</i>	16 2:00pm Strawberry Social (on unit)	17 2:00pm Movie Matinee
18	19 10:00am Exercises 2:00pm Music: Stadacon Military Band <i>SB Hall</i>	20 2:00pm Bingo	21	22 10:00am Crafty Corner 	23	24
25	26 Morning Visits with Bella on Mondays 	27 2:00pm Bingo	28 2:00pm Nails with Nicole 	29 11:00am Lunch out- ing to Pleasant St Diner	30	31 