



August 2019

3 Centre Program Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p>				<p>1</p> <p>10:00am Kids & Elders <i>Kaye's Place</i></p> <p>10:30 am Trivia <i>On Unit</i></p>	<p>2</p> <p>10:15am Church Service <i>SB Hall</i></p>	<p>3</p> <p>6:30pm Community Bingo <i>SB Hall</i></p>
<p>4</p> <p>10:45am New Horizons Baptist Church Service <i>SB Hall</i></p>	<p>5</p> <p>2:00pm Natal Day East Coast Kitchen Party <i>SB Hall</i></p>	<p>6</p> <p>10:00am Bowling <i>SB Hall</i></p> <p>6 p.m. Bingo <i>Dining Room</i></p>	<p>7</p> <p>10:15am Mass <i>SB Hall</i></p> <p>7:30pm Community Dance <i>Harbourview</i></p>	<p>8</p> 	<p>9</p> <p>10:15am Church Service <i>SB Hall</i></p> <p>10:30 am Lexicon <i>On Unit</i></p>	<p>10</p> <p>2:00pm Music: The Millar Sisters <i>Harbourview</i></p> <p>6:30pm Community Bingo <i>SB Hall</i></p>
<p>11</p> <p>10:45am New Horizons Baptist Church Service <i>SB Hall</i></p>	<p>12</p> <p>6:30pm Community Bingo <i>SB Hall</i></p> 	<p>13</p> <p>10:00am Bowling <i>SB Hall</i></p>  <p>6 pm Bingo <i>Dining Room</i></p>	<p>14</p> <p>10:15am Mass <i>SB Hall</i></p> <p>7:30pm Community Dance <i>Harbourview</i></p>	<p>15</p> <p>2:00pm Live More Walk Kickoff Party <i>SB Hall</i></p>	<p>16</p> <p>10:15am Church Service <i>SB Hall</i></p> <p>10:30 am Lexicon <i>On Unit</i></p>	<p>17</p> <p>6:30pm Community Bingo <i>SB Hall</i></p>
<p>18</p> <p>10:45am New Horizons Baptist Church Service <i>SB Hall</i></p>	<p>19</p> <p>2:00pm Music: Stadacon Military Band <i>SB Hall</i></p> <p>6:30pm Community Bingo <i>SB Hall</i></p>	<p>20</p> <p>10:00am Bowling <i>SB Hall</i></p> <p>1:30 pm Music with Alison and Judy <i>Unit Lounge</i></p> <p>6 pm Bingo <i>Dining Room</i></p>	<p>21</p> <p>10:15am Mass <i>SB Hall</i></p> <p>2 pm Music with Barbara <i>Unit Lounge</i></p> <p>7:30pm Community Dance <i>Harbourview</i></p>	<p>22</p> <p>10:00am Kids & Elders <i>Rec Office</i></p> <p>10:30 am Out and About</p>	<p>23</p> <p>10:15am Church Service <i>SB Hall</i></p> 	<p>24</p> <p>6:30pm Community Bingo <i>SB Hall</i></p>
<p>25</p> <p>10:45am New Horizons Baptist Church Service <i>SB Hall</i></p>	<p>26</p> <p>6:30pm Community Bingo <i>SB Hall</i></p>	<p>27</p> <p>10:00am Bowling <i>SB Hall</i></p> <p>6 pm Bingo <i>Dining Room</i></p>	<p>28</p> <p>10:15am Mass <i>SB Hall</i></p> <p>7:30pm Community Dance <i>Harbourview</i></p>	<p>29</p> <p>2 pm Watermelon Social <i>On Unit</i></p>	<p>30</p> <p>10:15am Church Service <i>SB Hall</i></p>	<p>31</p> <p>6:30pm Community Bingo <i>SB Hall</i></p>