








# JANUARY 2019 3 CENTRE RECREATION THERAPY PROGRAM SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you have any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p><b>**All Wednesday Evening Community Recreation &amp; Wellness Dances cost \$2.00 for In Care Living Residents**</b></p>		<p>1</p> <p><b>New Year's Day</b></p> 	<p>2</p> <p>10:15am <b>Mass</b> <u>SB Hall</u></p> <p>7:30pm <b>Community Dance</b> <u>Harbour-view</u></p>	<p>3</p> <p>10:00am <b>Kids &amp; Elders</b> <u>SB Hall</u></p> <p>1:30pm <b>Resident Clothing Sale</b> <u>SB Hall</u></p>	<p>4</p> <p>10:15am <b>Church Service</b> <u>SB Hall</u></p> <p>10:30 am <b>Lexicon</b> <u>Unit Lounge</u></p>	<p>5</p> <p>6:30pm <b>Community Bingo</b> <u>SB Hall</u></p>
<p>6</p> <p>10:45am <b>New Horizons Baptist Church Service</b> <u>SB Hall</u></p>	<p>7</p>	<p>8</p> <p>10:00am <b>Bowling</b> <u>SB Hall</u> <u>Unit Lounge</u></p> <p>7:00pm <b>The Paul &amp; Bill Show</b> <u>SB Hall</u></p>	<p>9</p> <p>10:15am <b>Mass</b> <u>SB Hall</u></p> <p>7:30pm <b>Community Dance</b> <u>Harbour-view</u></p>	<p>10</p> <p>10:00am <b>Kids &amp; Elders</b> <u>SB Hall</u></p> <p>2:00pm <b>Snowflake Tea Social</b> <u>SB Hall</u></p>	<p>11</p> <p>10:15am <b>Church Service</b> <u>SB Hall</u></p> 	<p>12</p> <p>2:00pm <b>Songs with Kathy</b> <u>Rec Office</u></p> <p>6:30pm <b>Community Bingo</b> <u>SB Hall</u></p>
<p>13</p> <p>10:45am <b>New Horizons Baptist Church Service</b> <u>SB Hall</u></p>	<p>14</p> 	<p>15</p> <p>1:30 pm <b>Music with Alison and Judy</b> <u>Unit Lounge</u></p> <p>6 pm <b>Bingo</b> <u>Dining Room</u></p>	<p>16</p> <p>10:15am <b>Mass</b> <u>SB Hall</u></p> 	<p>17</p> <p>2 pm <b>Crafts</b> <u>On Unit</u></p> <p>6:30pm <b>Maritime Conservatory Concert</b> <u>SB Hall</u></p>	<p>18</p> <p>10:15am <b>Church Service</b> <u>SB Hall</u></p> <p>10:30 am <b>Lexicon</b> <u>On Unit</u></p>	<p>19</p> <p>2:00pm <b>Music: The Millar Sisters</b> <u>SB Hall</u></p> <p>6:30pm <b>Community Bingo</b> <u>SB Hall</u></p>
<p>20</p> <p>10:45am <b>New Horizons Baptist Church Service</b> <u>SB Hall</u></p>	<p>21</p> <p>2 pm <b>Music with Barbara</b> <u>Unit Lounge</u></p> 	<p>22</p> <p>10:00am <b>Bowling</b> <u>SB Hall</u></p> <p>7:00pm <b>Newfie Night</b> <u>SB Hall</u></p>	<p>23</p> <p>10:15am <b>Mass</b> <u>SB Hall</u></p> <p>10:30 am <b>Cards</b> <u>On Unit</u></p> <p>2 pm <b>Neighborhood Meeting</b> <u>1 Centre Lounge</u></p>	<p>24</p> <p>10:30 am <b>Trivia</b> <u>On Unit</u></p> 	<p>25</p> <p>10:15am <b>Church Service</b> <u>SB Hall</u></p> 	<p>26</p> <p>2:00pm <b>Movie Matinee</b> <u>SB Hall</u></p> <p>6:30pm <b>Community Bingo</b> <u>SB Hall</u></p>
<p>27</p> <p>10:45am <b>New Horizons Baptist Church Service</b> <u>SB Hall</u></p>	<p>28</p> <p>6:30 pm <b>Music with Katie and Brad</b> <u>Unit Lounge</u></p> 	<p>29</p> <p>1:30 pm <b>Music with Alison and Judy</b> <u>Unit Lounge</u></p> <p>6 pm <b>Bingo</b> <u>Dining Room</u></p>	<p>30</p> <p>10am <b>Baking</b> Rec Area</p> <p>10:15am <b>Mass</b> <u>SB Hall</u></p>	<p>31</p> <p>10:30 am <b>Crossword</b> <u>On Unit</u></p> 	<p><b>Learn to Bocchia</b></p> <p>Weekly program starts on January 9th at 2:00pm in the Shirley Burnstein Hall. All skills and abilities welcome!</p> <p><b>Contact Recreation Therapy for more details!</b></p>	