







January 2019

3/4 Manor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Any questions, suggestions or concerns, please contact : Nadia (4M) 902-454-3331 Kathy (3M) 902-454-3167</p> <p><i>Space is limited on shopping trip—please contact Nadia if you'd like to attend :)</i></p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p>		<p>1 </p> <p><i>Happy New Year</i></p>	<p>2</p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p>	<p>3</p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p>10:00am Trivia with Kathy <u>3M Dining Hall</u></p> <p>1:30pm Resident Clothing Sale <u>SB Hall</u></p>	<p>4</p> <p>10:15am Church Service <u>SB Hall</u></p> <p>2:00pm  Lexicon <u>3M Dining Hall</u></p>	<p>5</p> <p>Evening: GOODY CART <u>On Unit</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p>6</p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p>7 </p> <p>6:30pm Community Bingo <u>SB Hall</u></p>	<p>8</p> <p>10:00am Bowling <u>SB Hall</u></p> <p>2:00pm Neighborhood Meeting <u>4M Dining Hall</u></p> <p>7:00pm The Paul & Bill Show <u>SB Hall</u></p>	<p>9</p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p>	<p>10</p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p>2:00pm Snowflake Tea Social <u>SB Hall</u></p>	<p>11</p> <p>10:15am Church Service <u>SB Hall</u></p> <p>2:00pm Lexicon <u>3M Dining Hall</u></p>	<p>12</p> <p>2:00pm Songs with Kathy <u>Rec Office</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p>13 </p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p>14</p> <p>2:00pm Gospel Music <u>7M Dining Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p> <p>7:00pm Music: Katie & Brad <u>3M Dining Hall</u></p>	<p>15</p> <p>10:00am Bowling <u>SB Hall</u></p> <p>2:00pm Exercise <u>3M Dining Hall</u></p> <p>6:30pm Music: Andy Arsenault <u>Harbourview</u></p>	<p>16</p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p>	<p>17 </p> <p>2:00pm B-I-N-G-O <u>4M Dining Hall</u></p> <p>6:30pm Maritime Conservatory Concert <u>SB Hall</u></p>	<p>18</p> <p>10:15am Church Service <u>SB Hall</u></p> <p>1:00pm Shopping: Walmart</p>	<p>19</p> <p>2:00pm Music: The Millar Sisters <u>SB Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p>20</p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p>21 </p> <p>6:30pm Community Bingo <u>SB Hall</u></p>	<p>22</p> <p>10:00am Bowling <u>SB Hall</u></p> <p>2:00pm Music: Andy A <u>7M Dining Hall</u></p> <p>7:00pm Newfie Night <u>SB Hall</u></p>	<p>23</p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance: Brad McGoey <u>Harbourview</u></p>	<p>24</p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p></p>	<p>25</p> <p>10:15am Church Service <u>SB Hall</u></p> <p>10:00am Out & About With Kathy</p>	<p>26</p> <p>2:00pm Movie Matinee <u>SB Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p>27 </p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p>28</p> <p>2:00pm Music: Joe Pitre <u>4M Dining Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>	<p>29</p> <p>10:00am Bowling <u>SB Hall</u></p> <p>2:00pm Exercise <u>3M Dining Hall</u></p> <p>6:30pm Music: Michelle & Barry <u>SB Hall</u></p>	<p>30 </p> <p>10:15am Mass <u>SB Hall</u></p> <p>10:00am Baking <u>Rec. Office</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p>	<p>31</p> <p>2:00pm B-I-N-G-O <u>4M Dining Hall</u></p> <p> </p>	<p><i>Learn to Boccia</i> Weekly program starts on January 9th at 2:00pm in the Shirley Burnstein Hall. All skills and abilities welcome! Contact Recreation Therapy for more details!</p>	