



May 2019 *3 Centre* Program Schedule

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|---|--|--|
| <p>Any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p> | | | <p>1 10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p> | <p>2 10:00am Kids & Elders <u>Kaye's Place</u></p> <p>1:30pm Clothing Sale <u>SB Hall</u></p> | <p>3 10:15am Church Service <u>SB Hall</u></p> | <p>4 2:00pm Movie Matinee <u>SB Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p> |
| <p>5 10:45am New Horizons Baptist Church Service <u>SB Hall</u></p> | <p>6 6:30pm Community Bingo <u>SB Hall</u></p> <p>2 pm The Big Sing <u>Harbourview</u></p> | <p>7 10:00am Bowling <u>SB Hall</u></p> <p>6 pm Bingo <u>Dining Rm</u></p> <p>7:00pm The Paul & Bill Show <u>SB Hall</u></p> | <p>8 10:15am Mass <u>SB Hall</u></p> | <p>9 10:00am Kids & Elders <u>SB Hall</u></p> <p>2:00pm Mother's Day Tea Social <u>SB Hall</u></p> <p>6:30pm Throwback Thursday Dance <u>SB Hall</u></p> | <p>10 10:15am Church Service <u>SB Hall</u></p> | <p>11 2:00pm Music: The Millar Sisters <u>Harbourview</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p> |
| <p>12 Mother's Day</p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p> | <p>13 6:30pm Community Bingo <u>SB Hall</u></p> | <p>14 10:00am Bowling <u>SB Hall</u></p> <p>1:30 pm Music with Alison <u>Unit Lounge</u></p> <p>6 pm Bingo <u>Dining Room</u></p> | <p>15 10:15am Mass <u>SB Hall</u></p> | <p>16 6:30pm Maritime Conservatory Concert <u>SB Hall</u></p> | <p>17 10:15am Church Service <u>SB Hall</u></p> | <p>18 2:00pm Sing Along <u>Rec Office</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p> |
| <p>19 10:45am New Horizons Baptist Church Service <u>SB Hall</u></p> | <p>20 Victoria Day</p> | <p>21 10:00am Bowling <u>SB Hall</u></p> <p>6 pm Bingo <u>Dining Room</u></p> | <p>22 10:15am Mass <u>SB Hall</u></p> <p>2pm Music with Barbara <u>Unit Lounge</u></p> <p>7:30pm Community Dance <u>Harbourview</u></p> | <p>23 10:30 am Trivia <u>On Unit</u></p> | <p>24 10:15am Church Service <u>SB Hall</u></p> | <p>25 2:00pm Music <u>Harbourview</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p> |
| <p>26 10:45am New Horizons Baptist Church Service <u>SB Hall</u></p> <p>3:00pm Salvation Army Service <u>SB Hall</u></p> | <p>27 6:30pm Community Bingo <u>SB Hall</u></p> | <p>28 10:00am Bowling <u>SB Hall</u></p> <p>1:30 pm Music with Alison and Judy <u>Unit Lounge</u></p> <p>7:00pm Newfie Night <u>SB Hall</u></p> | <p>29 10:15am Mass <u>SB Hall</u></p> <p>2 pm Neighborhood Meeting</p> | <p>30 2:00pm Northwood Encores Performance <u>SB Hall</u></p> | <p>31 10:15am Church Service <u>SB Hall</u></p> | |