



August 2019

2 Centre Program Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p>				1 10:00am Kids & Elders <u>Kaye's Place</u>	2 10:15am Church Service <u>SB Hall</u> 	3 6:30pm Community Bingo <u>SB Hall</u>
4 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	5 2:00pm Natal Day East Coast Kitchen Party <u>SB Hall</u>	6 10:00am Bowling <u>SB Hall</u> 	7 10:15am Mass <u>SB Hall</u> 2 pm Music with Barbara <u>Unit Lounge</u> 7:30pm Community Dance <u>Harbourview</u>	8 6 p.m. Bingo <u>Dining Room</u>	9 10:15am Church Service <u>SB Hall</u>	10 2:00pm Music: The Millar Sisters <u>Harbour-view</u> 6:30pm Community Bingo <u>SB Hall</u>
11 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	12 6:30pm Community Bingo <u>SB Hall</u> 	13 10:00am Bowling <u>SB Hall</u> 2 pm Out and About 	14 10:15am Mass <u>SB Hall</u> 7:30pm Community Dance <u>Harbour-view</u>	15 2:00pm Live More Walk Kickoff Party <u>SB Hall</u>	16 10:15am Church Service <u>SB Hall</u> 	17 6:30pm Community Bingo <u>SB Hall</u>
18 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	19 2:00pm Music: Stadacon Military Band <u>SB Hall</u> 6:30pm Community Bingo <u>SB Hall</u>	20 10:00am Bowling <u>SB Hall</u> 11 am Music with Alison and Judy <u>Unit Lounge</u>	21 10:15am Mass <u>SB Hall</u> 7:30pm Community Dance <u>Harbour-view</u>	22 10:00am Kids & Elders <u>Rec Office</u> 2 pm Watermelon Social <u>On Unit</u>	23 10:15am Church Service <u>SB Hall</u> 	24 6:30pm Community Bingo <u>SB Hall</u>
25 10:45am New Horizons Baptist Church Service <u>SB Hall</u>	26 6:30pm Community Bingo <u>SB Hall</u>	27 10:00am Bowling <u>SB Hall</u> 2 pm Cards <u>On Unit</u>	28 10:15am Mass <u>SB Hall</u> 2 pm Bingo <u>Dining Room</u> 7:30pm Community Dance <u>Harbourview</u> 	29 10:30 am Out and About	30 10:15am Church Service <u>SB Hall</u>	31 6:30pm Community Bingo <u>SB Hall</u>