



# August 1C 2019

| Sun   | Mon  | Tue  | Wed                                | Thu  | Fri   | Sat  |
|---|--|--|------------------------------------|--|---|--|
| <p><i>Any questions, suggestions or concerns, please contact Chelsey MacNeil at 902-454-3167 or <a href="mailto:cmacneil2@nwood.ns.ca">cmacneil2@nwood.ns.ca</a></i></p> <p><b>**Look for goodie cart on Friday, August 23rd, 2019***</b></p> |  |  |                                    | 1  | 2   | 3  |
| 4   | 5<br>2:00pm<br><b>Natal Day<br/>East Coast<br/>Kitchen<br/>Party</b><br><u>SB Hall</u>   | 6<br>7:00pm<br><b>Mennonites<br/>Choir</b><br>(on unit)  | 7<br>10:00am<br><b>1:1 visits</b>  | 8<br>1:30pm<br><b>Scenic<br/>Drive</b><br> | 9   | 10<br> |
| 11<br>  | 12<br>10:00am<br><b>Exercises</b>  | 13<br>10:00am<br><b>Manicures</b><br>         | 14<br>10:00am<br><b>Pet visits</b> | 15<br>10:00am<br><b>Mind<br/>Exercises</b><br><br>2:00pm<br><b>Live More<br/>Walk<br/>Kickoff<br/>Party</b><br><u>SB Hall</u>  | 16  | 17<br>2:00pm<br><b>Movie<br/>Matinee</b><br><u>SB Hall</u>                                 |
| 18  | 19<br>2:00pm<br><b>Music:<br/>Stadacona<br/>Military Band</b><br><u>SB Hall</u><br><br>6:30pm<br><b>Katie &amp; Brad</b><br><u>On unit</u> | 20<br>10:00am<br><b>Morning<br/>Walks</b><br> | 21                                 | 22<br>2:00pm<br><b>Bingo</b>   | 23<br>   | 24   |
| 25  | 26<br>10:00am<br><b>Exercises</b><br>                   | 27<br>1:30pm<br><b>Alison &amp;<br/>Judy</b><br><u>On unit</u>   | 28<br>10:00am<br><b>Pet visits</b> | 29   | 30<br>2:00pm<br><b>Watermel-<br/>on<br/>Social</b><br> | 31   |