











JANUARY 2019 1 CENTRE RECREATION THERAPY PROGRAM SCHEDULE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>If you have any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</p> <p>**All Wednesday Evening Community Recreation & Wellness Dances cost \$2.00 for In Care Living Residents**</p>		<p style="text-align: center;"><i>1</i></p> <p style="text-align: center;">New Year's Day</p> 	<p style="text-align: center;"><i>2</i></p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbour-view</u></p>	<p style="text-align: center;"><i>3</i></p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p>1:30pm Resident Clothing Sale <u>SB Hall</u></p>	<p style="text-align: center;"><i>4</i></p> <p>10:15am Church Service <u>SB Hall</u></p> <p>2 pm Trivia <u>Unit Lounge</u></p>	<p style="text-align: center;"><i>5</i></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p style="text-align: center;"><i>6</i></p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p style="text-align: center;"><i>7</i></p> <p>2 pm Goody Cart <u>On Unit</u></p> 	<p style="text-align: center;"><i>8</i></p> <p>10:00am Bowling <u>SB Hall</u></p> <p>7:00pm The Paul & Bill Show <u>SB Hall</u></p>	<p style="text-align: center;"><i>9</i></p> <p>10:15am Mass <u>SB Hall</u></p> <p>7:30pm Community Dance <u>Harbour-view</u></p>	<p style="text-align: center;"><i>10</i></p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p>2:00pm Snowflake Tea Social <u>SB Hall</u></p>	<p style="text-align: center;"><i>11</i></p> <p>10:15am Church Service <u>SB Hall</u></p> 	<p style="text-align: center;"><i>12</i></p> <p>2:00pm Songs with Kathy <u>Rec Office</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p style="text-align: center;"><i>13</i></p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p style="text-align: center;"><i>14</i></p> <p>2 pm Music with Barbara <u>Unit Lounge</u></p> 	<p style="text-align: center;"><i>15</i></p> <p>11 am Music with Alison and Judy <u>Unit Lounge</u></p> <p>6:30pm Music: Andy Arsenault <u>Harbourview</u></p>	<p style="text-align: center;"><i>16</i></p> <p>10:15am Mass <u>SB Hall</u></p> <p>2 pm Bingo <u>Dining Room</u></p>	<p style="text-align: center;"><i>17</i></p> <p>6:30pm Maritime Conservatory Concert <u>SB Hall</u></p>	<p style="text-align: center;"><i>18</i></p> <p>10:15am Church Service <u>SB Hall</u></p> 	<p style="text-align: center;"><i>19</i></p> <p>2:00pm Music: The Millar Sisters <u>SB Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p style="text-align: center;"><i>20</i></p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p style="text-align: center;"><i>21</i></p>  <p style="text-align: center;">Winter!</p>	<p style="text-align: center;"><i>22</i></p> <p>10:00am Bowling <u>SB Hall</u></p> <p>7:00pm Newfie Night <u>SB Hall</u></p>	<p style="text-align: center;"><i>23</i></p> <p>10:15am Mass <u>SB Hall</u></p> <p>2 pm <u>Neighborhood Meeting</u> <u>1 Centre Lounge</u></p>	<p style="text-align: center;"><i>24</i></p> <p>10:00am Kids & Elders <u>SB Hall</u></p> <p>2 pm Bowling <u>On Unit</u></p>	<p style="text-align: center;"><i>25</i></p> <p>10:15am Church Service <u>SB Hall</u></p> 	<p style="text-align: center;"><i>26</i></p> <p>2:00pm Movie Matinee <u>SB Hall</u></p> <p>6:30pm Community Bingo <u>SB Hall</u></p>
<p style="text-align: center;"><i>27</i></p> <p>10:45am New Horizons Baptist Church Service <u>SB Hall</u></p>	<p style="text-align: center;"><i>28</i></p> <p>2 pm Music With Barbara <u>Unit Lounge</u></p>	<p style="text-align: center;"><i>29</i></p> <p>11 am Music with Alison and Judy <u>Unit Lounge</u></p> <p>6:30 pm Music with Michele and Barry <u>S B Hall</u></p>	<p style="text-align: center;"><i>30</i></p> <p>10:15am Mass <u>SB Hall</u></p> <p>2 pm Bingo <u>Dining Room</u></p>	<p style="text-align: center;"><i>31</i></p> <p>2 pm Bowling <u>On Unit</u></p> 	<p style="text-align: center;">Learn to Boccia</p> <p>Weekly program starts on January 9th at 2:00pm in the Shirley Burnstein Hall. All skills and abilities welcome!</p> <p style="text-align: center;">Contact Recreation Therapy for more details!</p>	