



# August 2019

10/11  
Recreation Therapy

| Sun  | Mon  | Tue   | Wed                            | Thu  | Fri   | Sat   |
|--|--|---|--------------------------------|--|---|---|
| <p><b>Any questions, suggestions or concerns, please call the Recreation Therapy Department at 902-454-3331.</b></p> <p><b><i>Tracey Hawthorne</i></b><br/><b><i>Recreation Programmer</i></b><br/><b><i>Outings are on a sign up basis...</i></b></p> |  |   |                                | 1<br>Manicures<br>1:30<br>10 M   | 2<br>10:15am<br><b>Church Service</b><br><u>SB Hall</u>                                     | 3   |
| 4  | 5<br>2:00pm<br><b>Natal Day East Coast Kitchen Party</b><br><u>SB Hall</u>   | 6<br>Michelle+ Barry<br>6:30HBV   | 7<br>Moto Med<br>10AM          | 8<br> | 9   | 10<br>2:00pm<br><b>Music: The Millar Sisters</b><br><u>Harbour-view</u> |
| 11   | 12<br>Manicures<br>2:00<br>10AM<br> | 13<br>Facials<br>9:30<br>10M  | 14<br>Outside Ice cream<br>6pm | 15<br>2:00pm<br><b>Live More Walk Kickoff Party</b><br><u>SB Hall</u>                    | 16<br><b>Pop up Shop</b><br>Used Clothing Sale<br>Rec Therapy Space. 2:00                   | 17  |
| 18   | 19<br>2:00pm<br><b>Music: Stadacon Military Band</b><br><u>SB Hall</u>   | 20<br>11AM<br>Outing<br>Chicken Burger<br>Bedford<br><u>Sign up Mandatory</u> | 21<br>Moto Med<br>10AM         | 22<br>Morning Gratitude<br>10M   | 23<br> | 24<br>Sock hop<br>DJ Ray<br>2:00<br>SBH<br>Motown Music                 |
| 25   | 26<br>Moto Med<br>9:30<br><br>Goody Cart<br>Afternoon  | 27<br>Morning Gratitude<br>10M  | 28<br>Moto Med<br>10AM         | 29<br>TV Bingo<br>6:00<br><u>Sign up Mandatory</u><br>\$ 5.00<br>Basic Package           | 30<br><b>Pop up Shop</b><br>Used Clothing Sale<br>Rec Therapy Space. 2:00                   | 31  |