

PRESS RELEASE

NORTHWOOD HONOURS ALEXA MCDONOUGH

January 15, 2013, Halifax - The Northwood Foundation hosts its 15th annual *Appetite for Life* fund-raising dinner on Saturday, February 2, 2013. The event offers something for everyone with good food, a live auction, a silent auction, prizes and the presentation of the Senior of the Year award.

This year's recipient is Alexa McDonough. For many Nova Scotians, Alexa McDonough was an integral part of the political and social fabric of this province for many years. She served at both the provincial and federal level and was a role model for women, a strong advocate on social issues and a passionate campaigner for the peace movement.



“Northwood is pleased to honour an individual who has made a lasting contribution to our society,” says Rick Kelly, President and CEO of Northwood. *“Throughout her tenure, she was a strong supporter of Northwood and became a long-long friend.”*

The *Appetite for Life* Dinner is the Foundation's most important fund-raiser. It is part of the Foundation's continuing effort to raise funds for projects that are important to Northwood residents. This year's project is the creation of a resident recreation area with kitchen and program space.

This year's dinner takes place at the Cunard Centre starting at 6:00 with a reception followed by supper at 7:00 pm. Tickets are \$150 and can be purchased through the Foundation office at 454-3378. The theme for this year's dinner is **“Follow the Sun”**.

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